

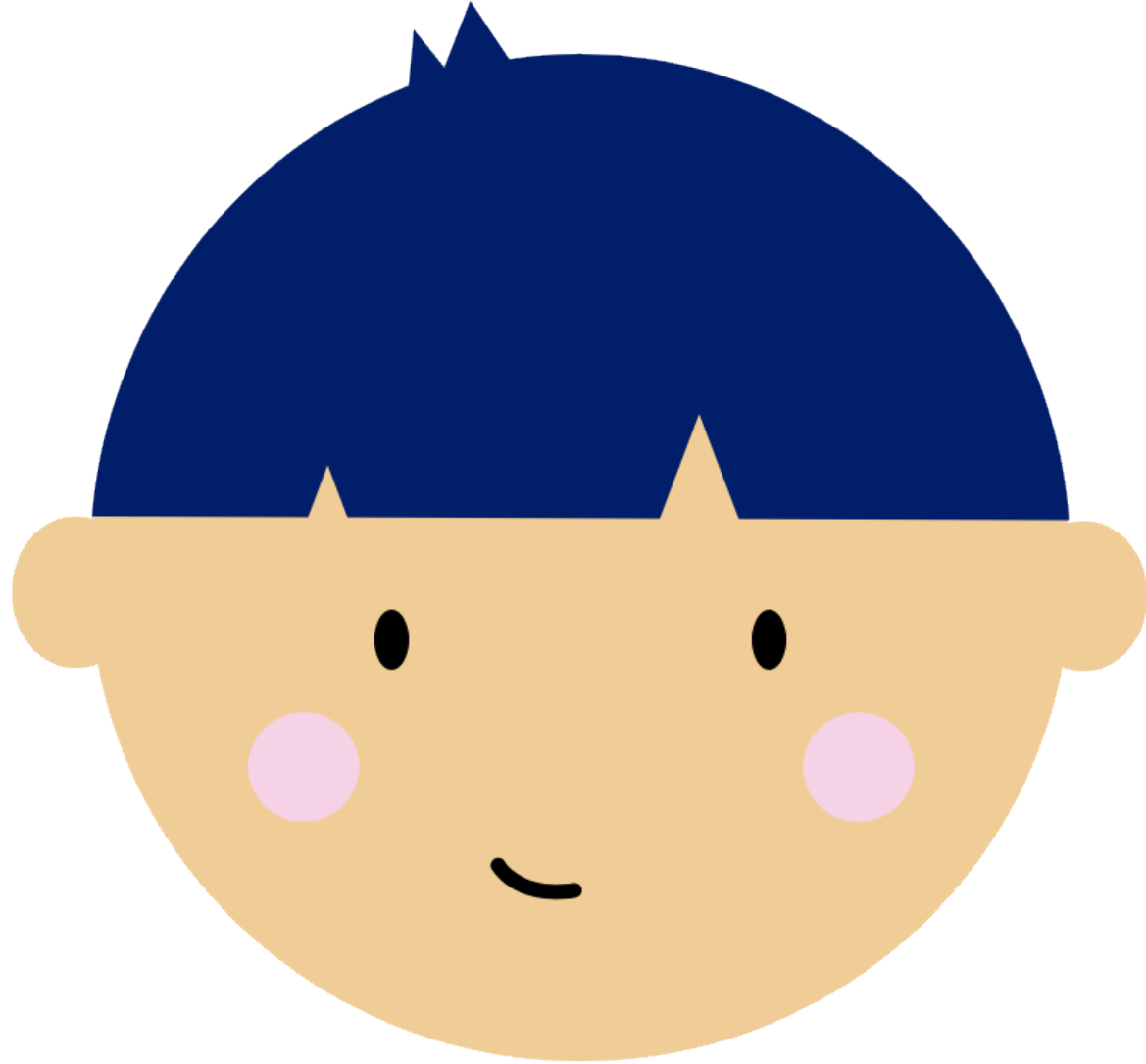
explain

GLOBAL



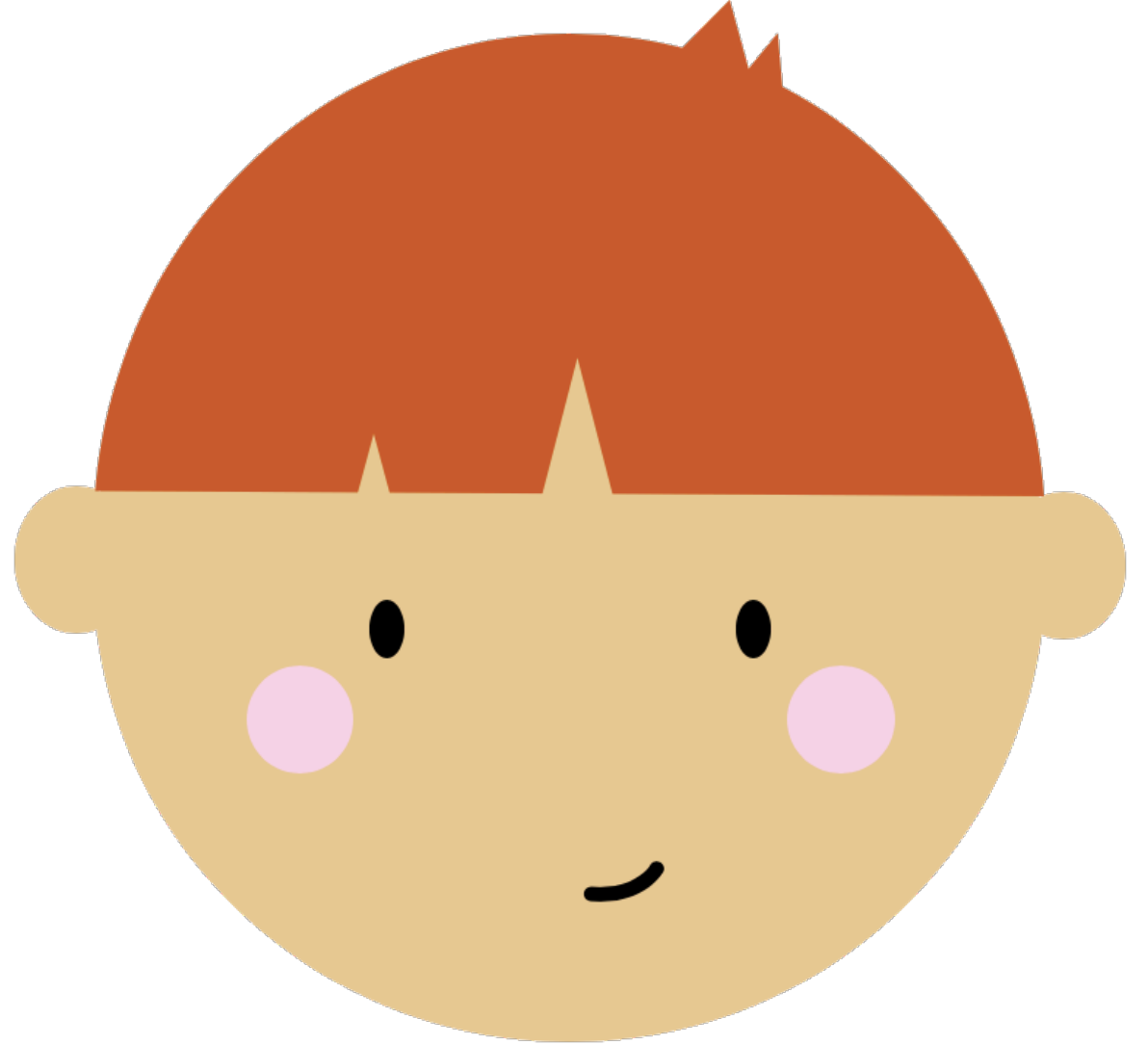
HEALTH

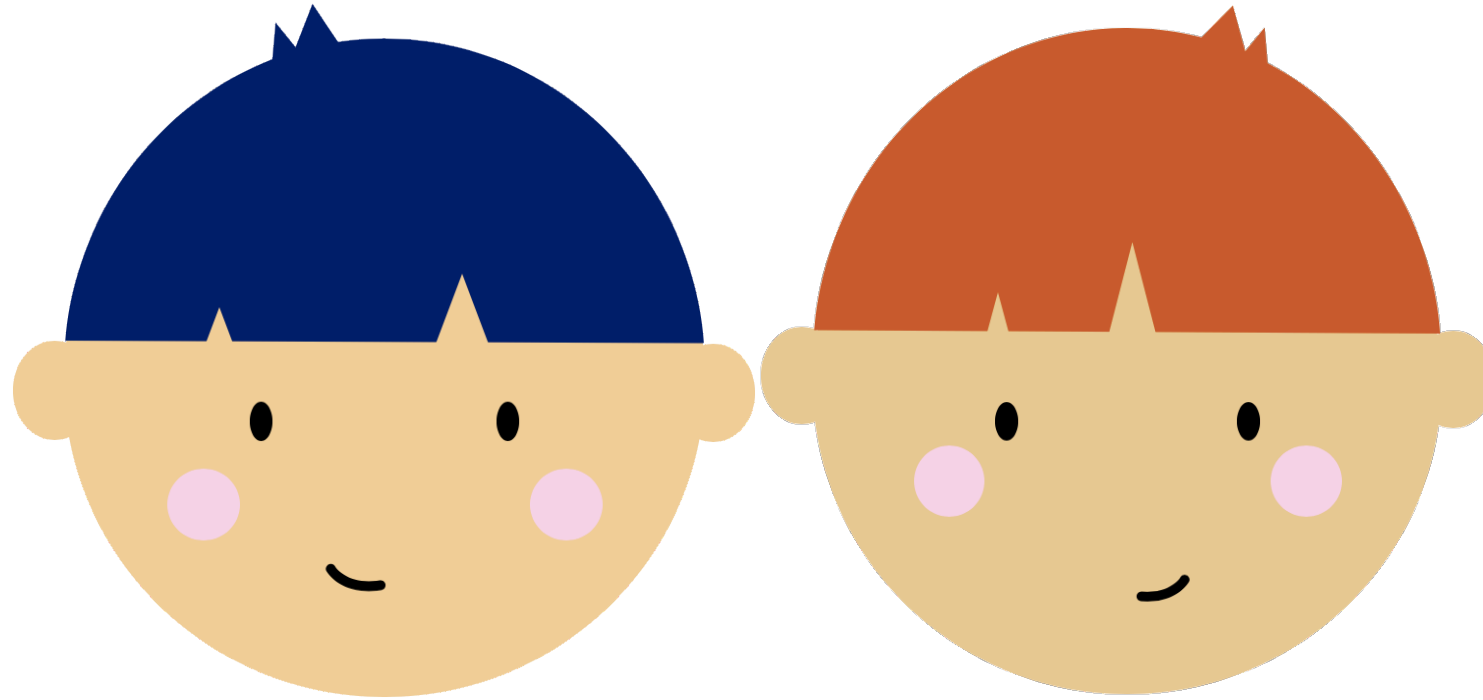
to me!



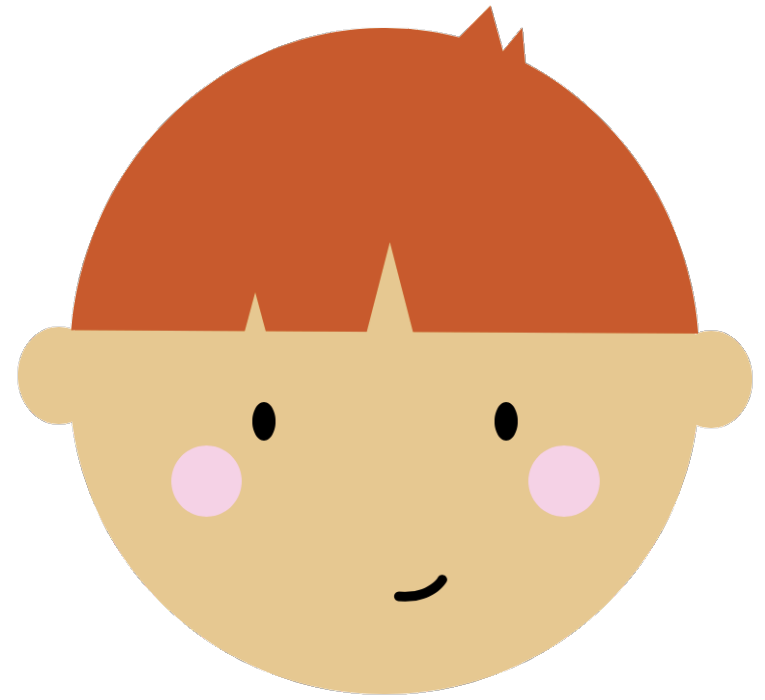
Hey! I'm Sal.

And I'm Tal.





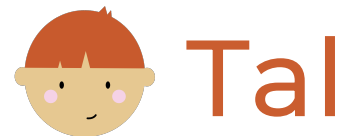
Although we look very similar here side by side...



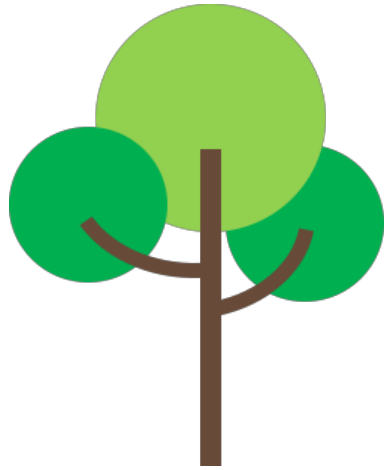
Our lives are quite different.



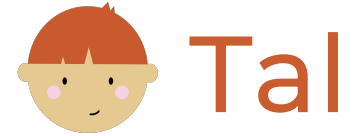
I live in a safe home  
with my family.



I live in a small old  
house with my family.



There are many  
parks nearby.



There's a lot of  
pollution in the air.



I go to school on  
the weekdays.

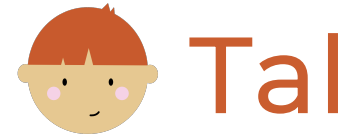


I go to work  
most days.





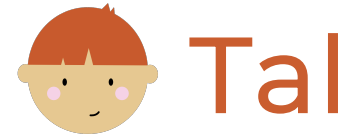
There's plenty of  
healthy food to eat.



There's a bit of corn  
to share.



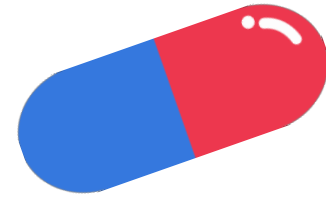
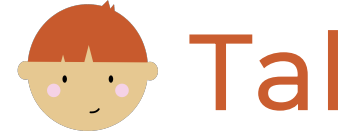
My family makes  
over \$32/day.



My family makes  
\$1/day.



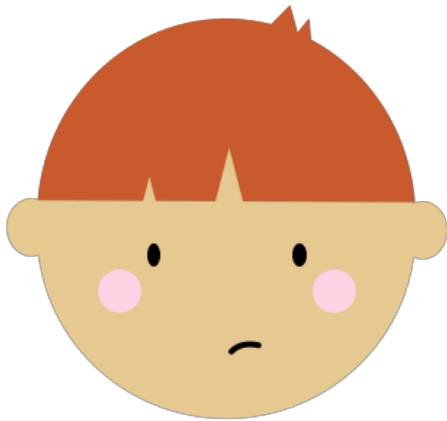
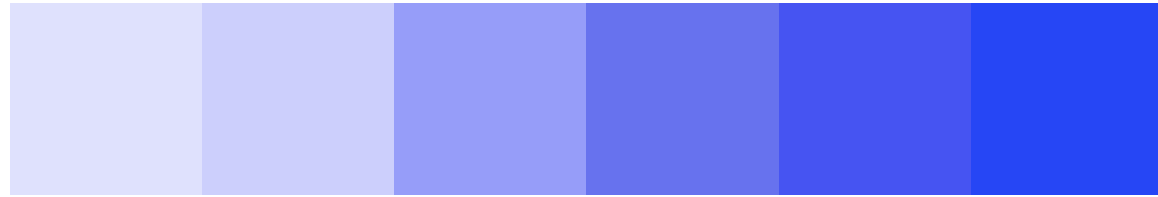
I can see a doctor  
if I get sick.



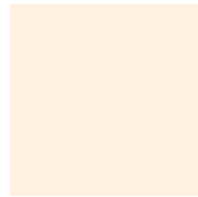
Medicine is very  
expensive to buy.



HEALTH-O-METER



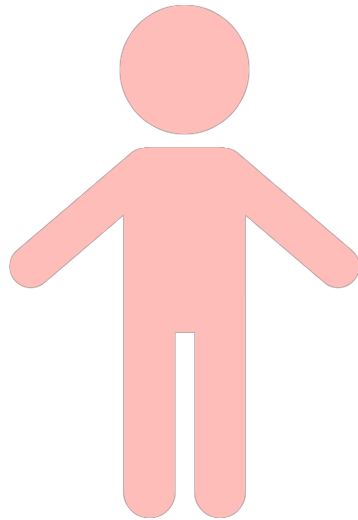
HEALTH-O-METER



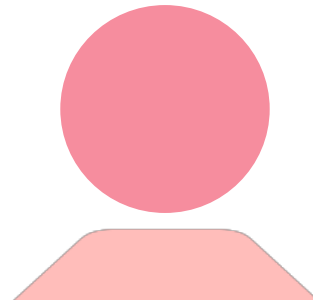
These differences can cause Sal and Tal to have **very different levels of health.**

Being healthy means that you have complete:

1) physical well-being.



2) mental well-being.



3) social well-being.



*\*definition from the WHO*

# There are many things that influence our health:



income



education  
& literacy



biology &  
genetics



physical  
environment



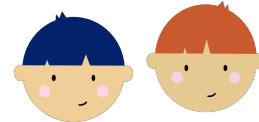
gender



culture



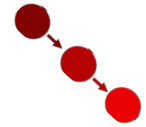
healthy  
behaviours



childhood  
experiences



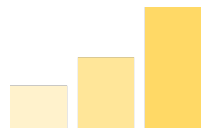
race



historical  
trauma



access to  
health services



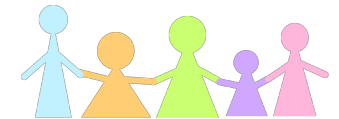
social status



discrimination



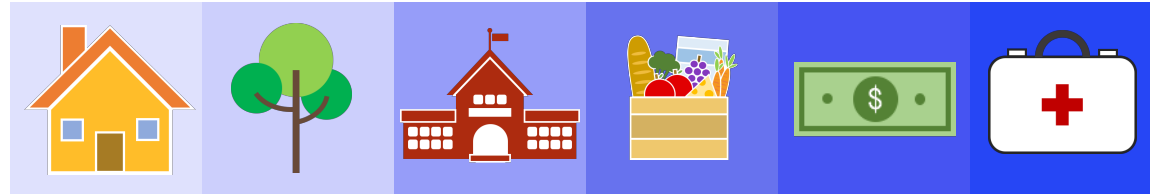
employment  
& working  
conditions



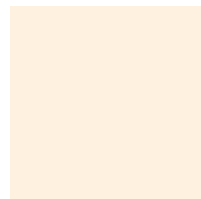
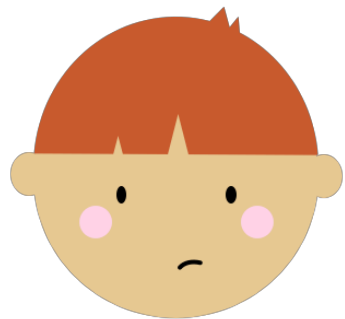
social support

\*These are called the determinants of health.

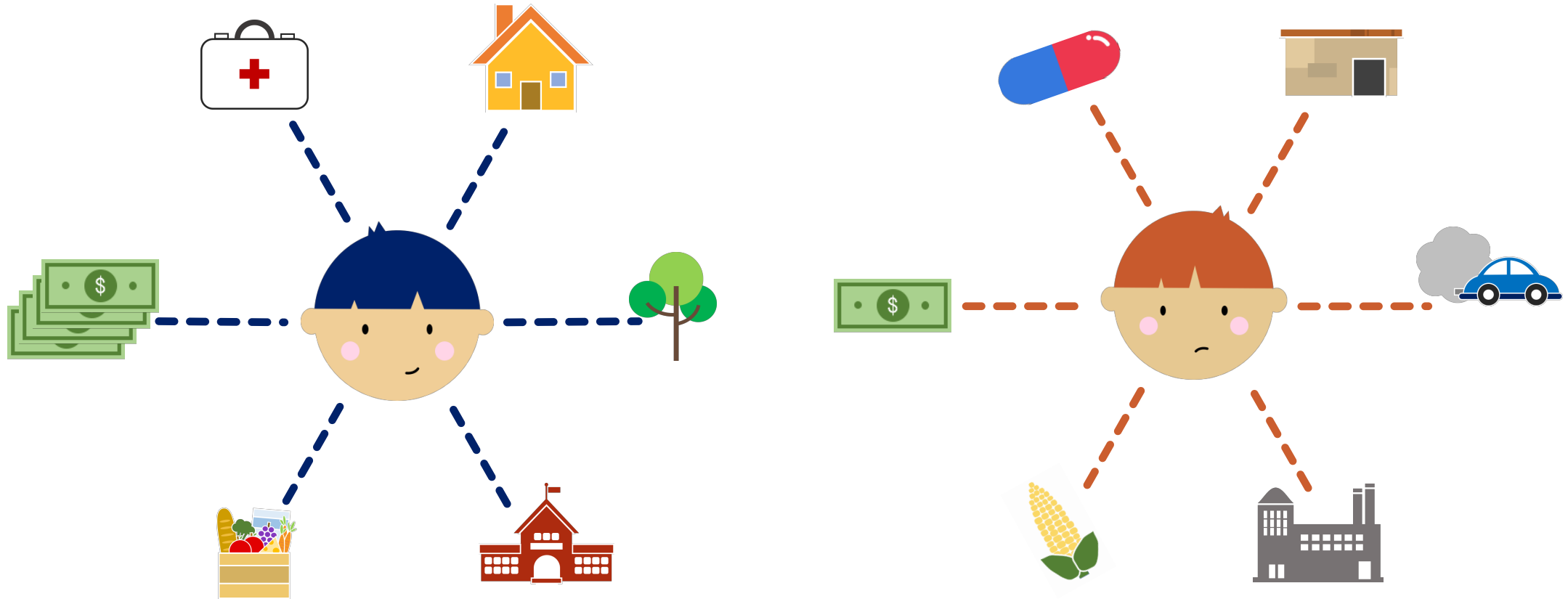
If you have all the right things,  
it's much easier to live a healthy life.



If you don't, then being healthy can be tough.



But both Sal and Tal don't have much control over how much they get in life.



Why?



because...

privilege.

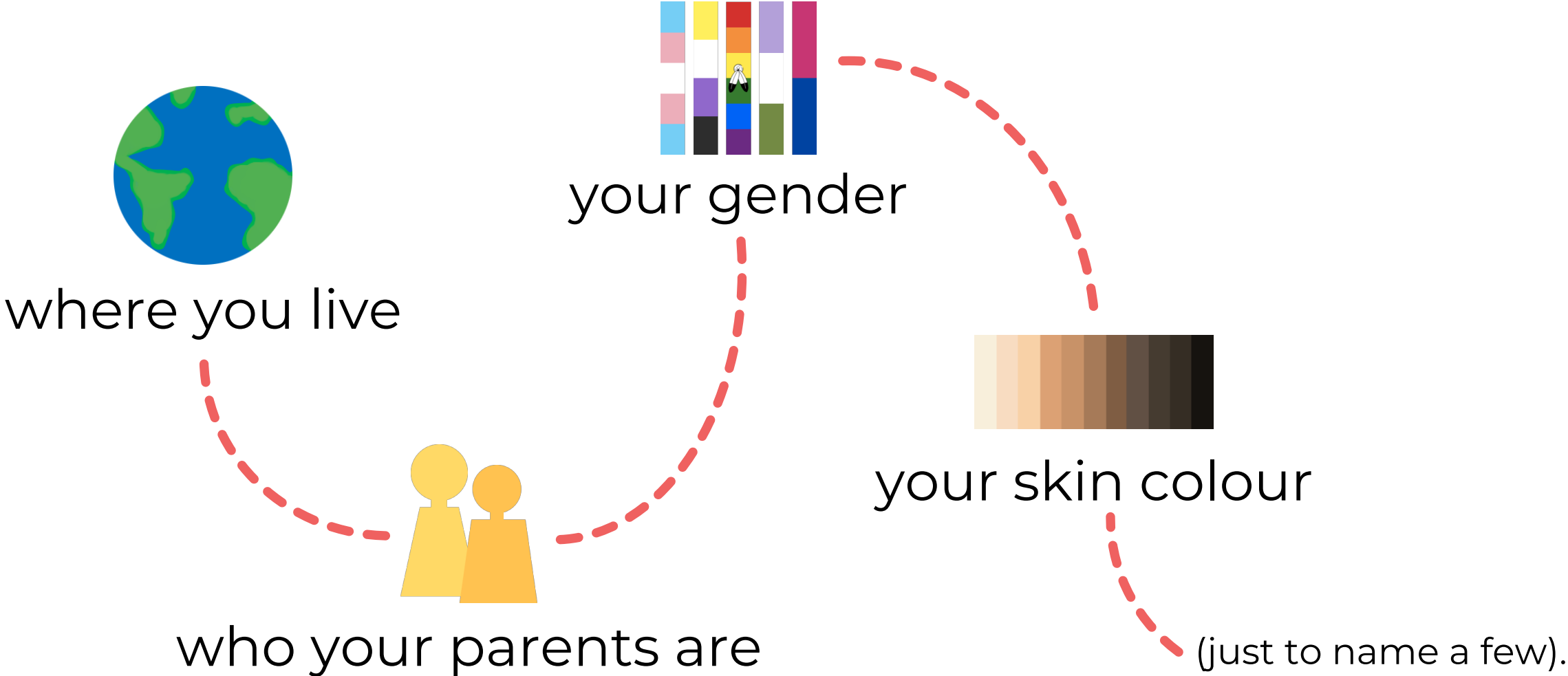
The definition of privilege is:

**privilege**

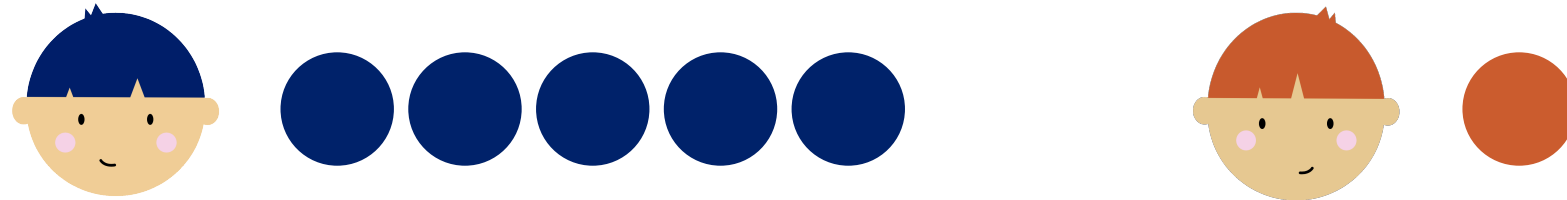
*/'priv(ə)lij/ • noun*

a benefit that only certain groups of people have

# Privilege can come from things like:



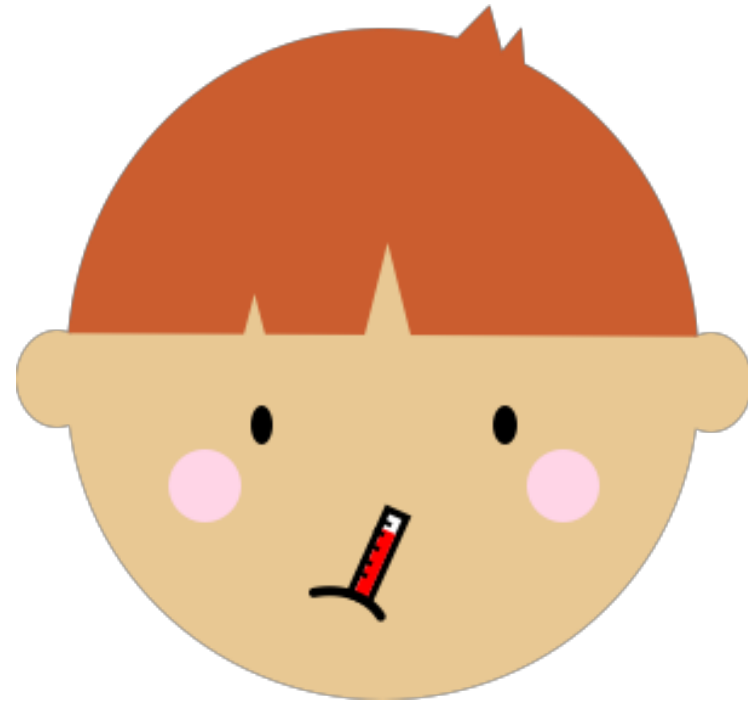
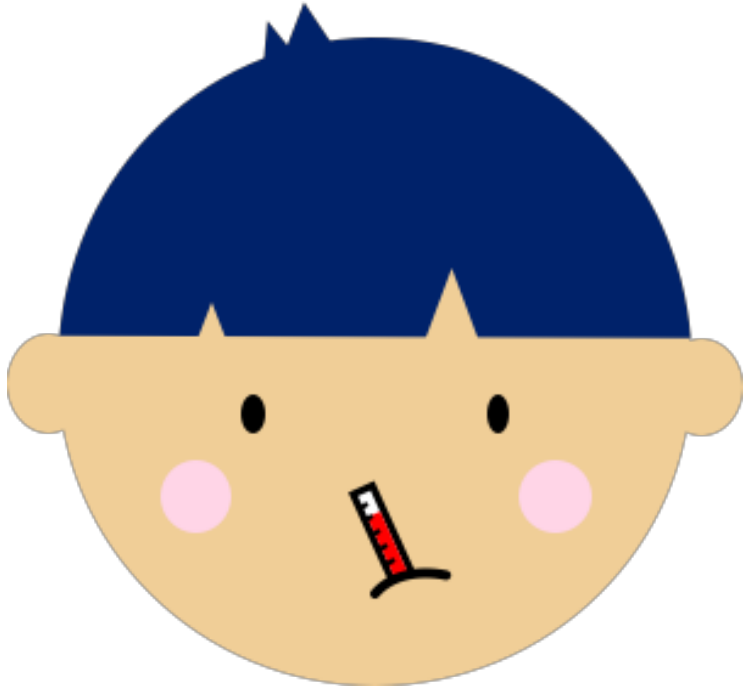
We don't have much control over how much privilege we have.

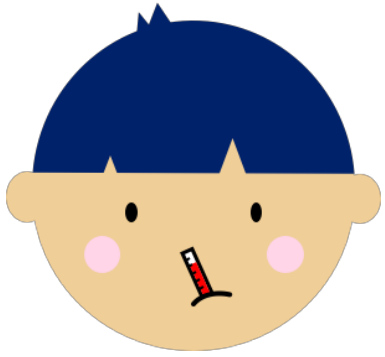


But privilege is important because:

PRIVILEGE = HEALTH

Let's take a closer look at Sal and Tal.  
What would happen if both of them got sick?

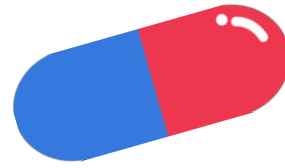




If Sal got sick...



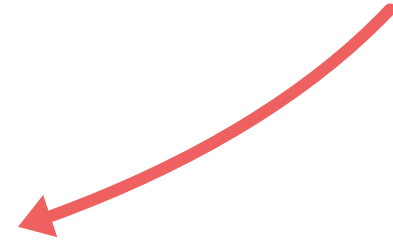
he can see a doctor to run some tests.



Then buy the medicine he needs.



He can rest in his bed at home.

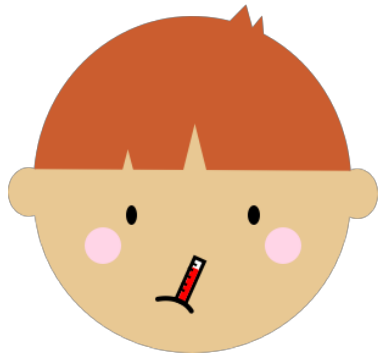


And eat a warm and nutritious meal.



Sal will feel better in a few days.

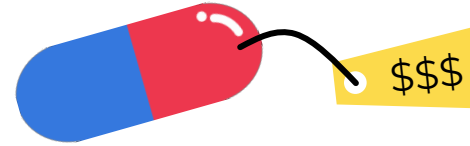
If Tal got sick...



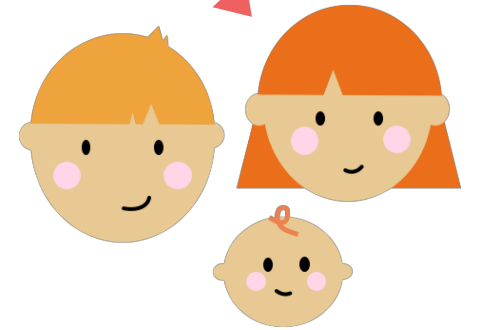
there are no doctors nearby.



Medication is too expensive to buy.



Tal has to look after his siblings at home.

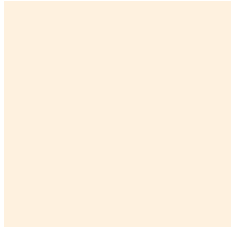
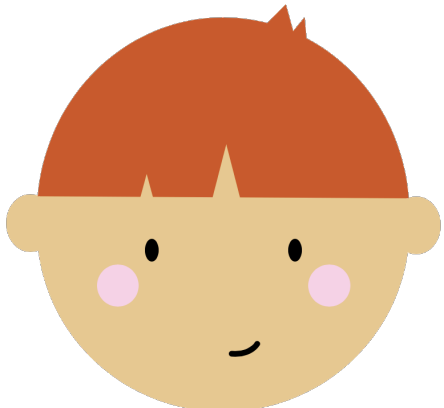


Tal may stay sick.

There's not much to eat in his house.



Sal will live a much healthier life than Tal because of

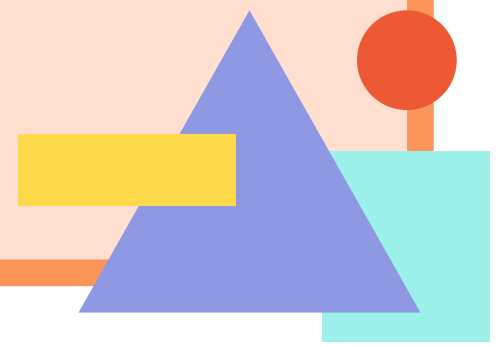




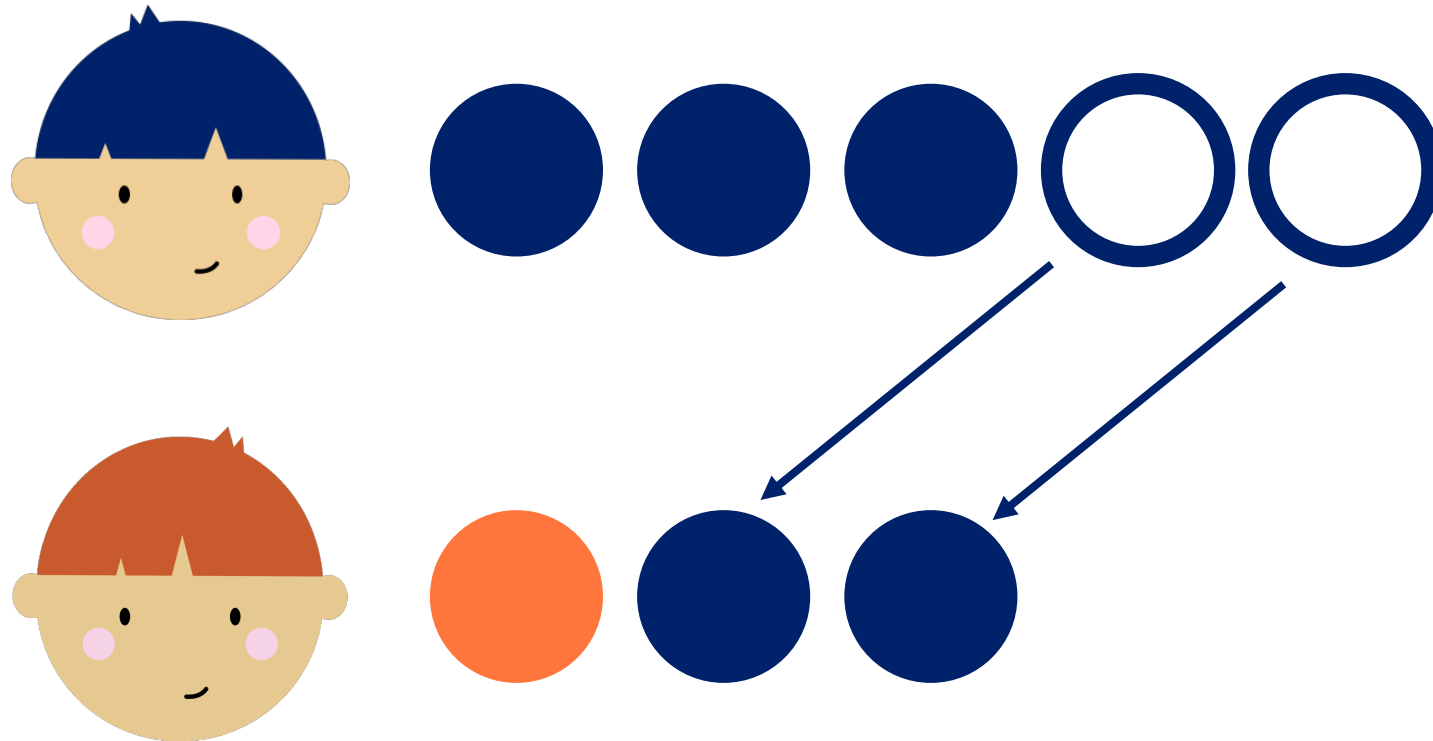
But if privilege is something we can't control, how can we make sure that



EQUITY!

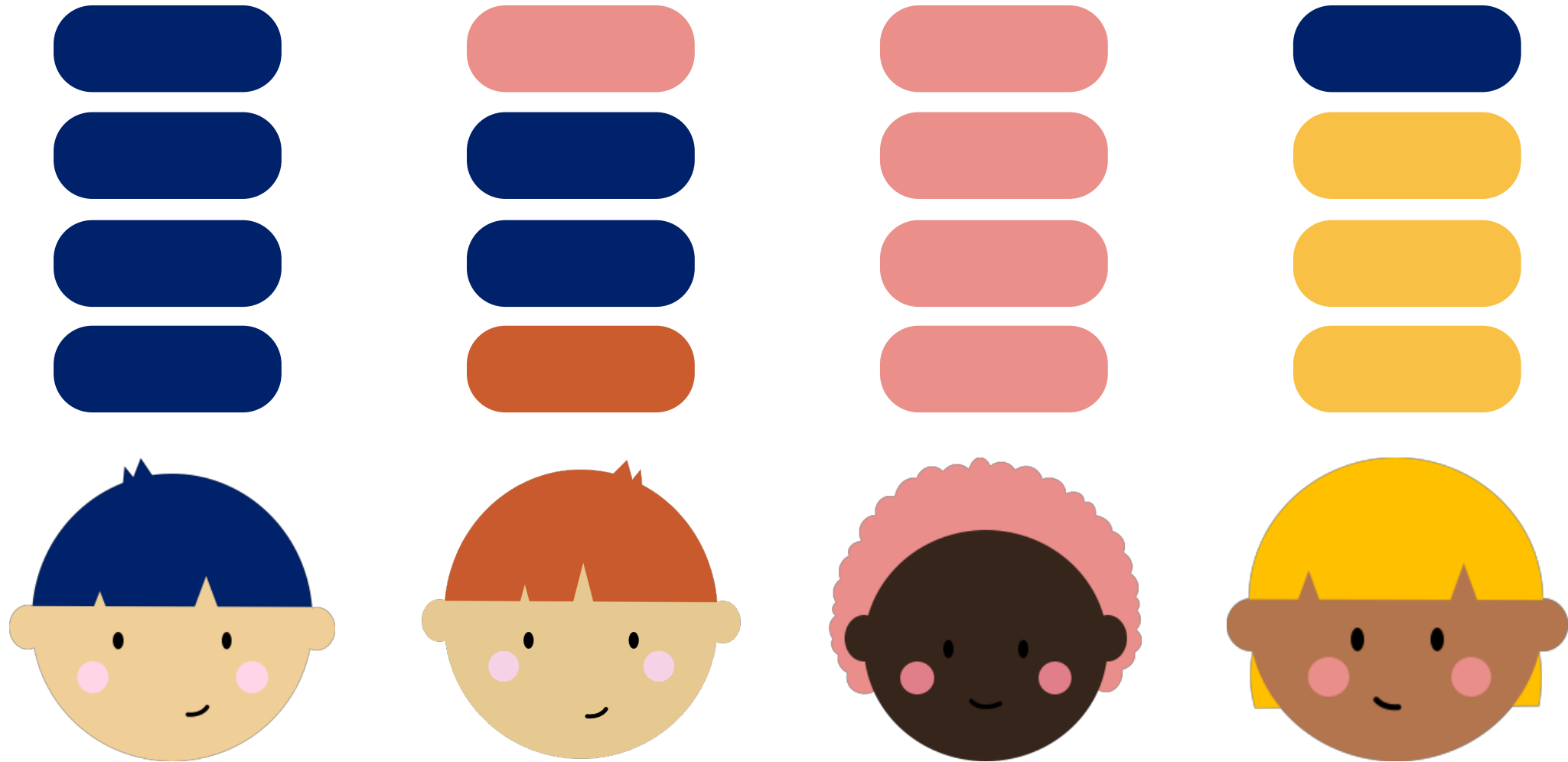


**Equity** means people like Sal with more privilege can help out by sharing what they have.



(Of course, you should always ask for permission before sharing.)

With **equity** everyone gets what they need.





Now, take a moment  
to look at yourself.

*How does **privilege**  
affect your health?*

get a good  
night's sleep?

earn more  
than \$32/day?

see a doctor  
whenever  
you need?

live in a clean  
and safe home?

eat nutritious  
meals?



breath  
clean air?


get 12+ years  
of education?


rely on friends  
and family for  
support?

have drinkable  
water nearby?


not face  
discrimination?

It's important to know how much **privilege** you have.

 GLOBAL HEALTH STATUS





PRIVILEGE POINTS



NAME  
AGE  
GENDER


and how **privilege impacts your health** compared to those around you.

 GLOBAL HEALTH STATUS




NAME  
AGE  
GENDER

PRIVILEGE POINTS



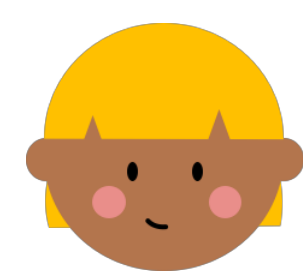
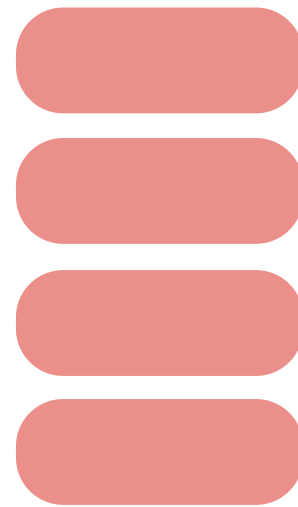
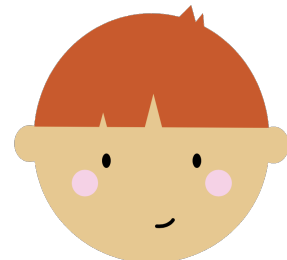
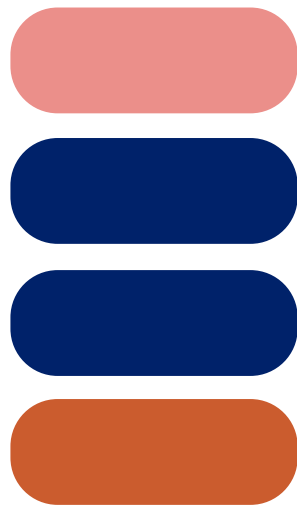
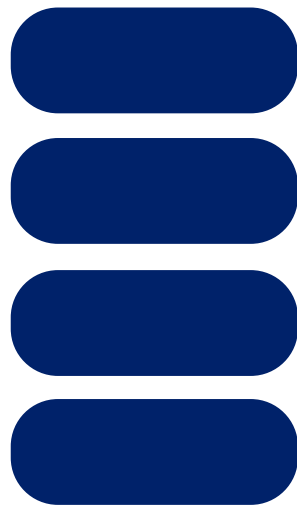
HEALTH-O-METER



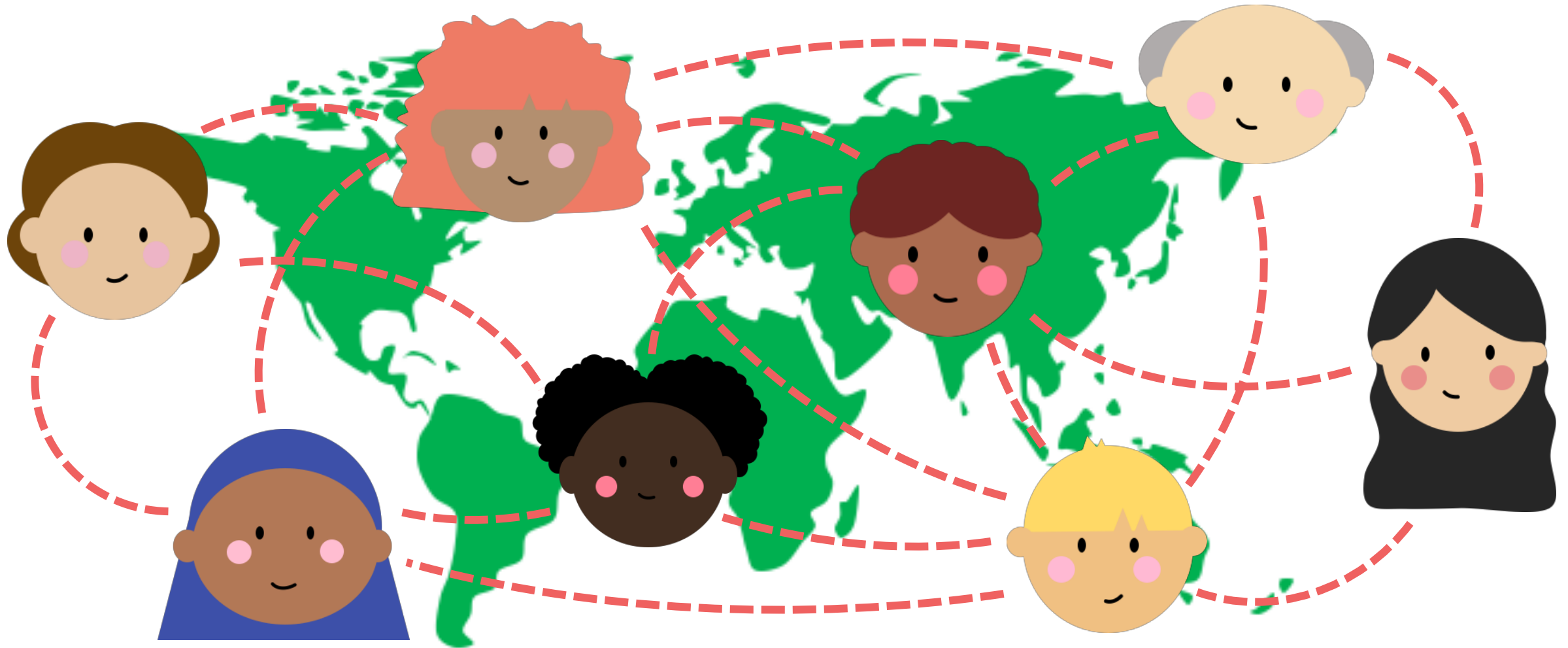


If someone needs extra help and you're in a position of privilege think back to **equity** and remember:

sharing is caring! ❤️



Right now, there are lots of people who are working together to make sure everyone in the world is as healthy as can be!



Because every person has the right  
to be healthy and happy.



This short story was created to emphasize themes of privilege and equity when discussing topics in global health. A lot of the disparities in health between populations around the world can be explained through privilege. The geographic location of where you were born, your identity (based on gender, race/ethnicity, sexuality, religion, etc.), income levels, socio-economic status, and a multitude of other factors that we have limited to no control over can significantly impact our health and well-being. That being said, actions of equity can help close this large gap in health.

From doctors to designers, there are countless individuals who have dedicated their lives to improving health worldwide. Thanks to these people, the state of the world continues to change for the better. However, the health and income levels of many countries differ from one another, so we still have a ways to go to achieve equitable global health.

By understanding how privilege and equity play out on a global scale, we can begin to create positive changes in the field of global health.

Visit the website version!

<https://clarakuk.wixsite.com/globalhealth/>

story and illustrations by

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